

UNSW MEDICINE & HEALTH

Phase 1 & 2 Clinical Procedural and Physical Examination Skills Log 2022

Student Name:

Student No.:

Clinical School:

Contact Details:



UNSW
SYDNEY

Medicine

CLINICAL PROCEDURAL & EXAMINATION SKILLS ACQUISITION

Explanation

By the end of Phase 2, each medical student is required to have addressed the skills listed in this book, which includes skills previously addressed in Phase 1 but which now must be included in Phase 2.

For most of these skills, this will require that the book is signed off by designated tutors. The tutor will sign this book only when satisfied that you can perform the skill or procedure, and have completed the skill or procedure according to the instructions outlined. There is no limit to the number of times that the student and tutor may repeat the skill or procedure.

Some skills do not require to be signed off by a tutor but you are expected to address these skills which may be assessed in the Phase 2 Integrated Clinical Examination.

There are Procedural Skills modules in the Clinical Skills Moodle module which contain information and resources for most of the listed procedural skills.

- Phase 1: <https://moodle.telt.unsw.edu.au/mod/book/view.php?id=588373>
- Phase 2: <https://moodle.telt.unsw.edu.au/mod/book/view.php?id=588374>

This includes material which should be read before attending sessions where the skills will be taught. Clinical school websites may also include additional resources relating to clinical procedural skills.

Sessions will be arranged during the Phase 2 courses to demonstrate and instruct you in performing these skills. Your attendance at these sessions is compulsory and you will need to have the log book signed.

Your competency in performing Basic Life Support will be assessed and your log book must be signed by the designated tutor.

This book must be returned completed to your Clinical School **by the close of business on Monday 7 November 2022**

Non-completion of the book according to the above conditions, or sign-off by non-designated staff, may prevent you from sitting the end of Phase 2 Integrated Clinical Examination.

It is your responsibility to safeguard this log book during Phase 2. To minimize the distress and inconvenience caused by the inadvertent loss of your log book, it is recommended that you periodically 'scan' your log book and save your files. This ensures you have a copy of your 'sign-offs' by designated tutors at your Clinical School. Reporting of loss of log books at the end of the year will be regarded as non-completion.



List of Clinical Procedural and Physical Examination Skills normally covered in Phase 1

These skills are normally covered during Phase 1, but teaching of these skills is required in 2022 for incoming Year 3 students. A number of self-access packages are available at your Clinical School. You can also revise using the resources in the Clinical Skills Moodle module (see link above).

Clinical Procedural Skills
Measurement and interpretation of non-invasive blood pressure
Introduction to oxygen devices and oxygen therapy
Use of a peak flow meter
Temperature
Urinalysis
Physical Examination Skills
Use of otoscope (ear examination) in adult

List of Clinical Procedural and Physical Examination Skills to be acquired in Phase 2

The following clinical procedural & physical examination skills must be completed during Phase 2.

Clinical Procedural Skills
Review of hand hygiene & infection control skills, & creation of aseptic & sterile fields (simulated)
Venous blood sampling using aseptic technique (mannequin)
Insertion and removal of IV cannula (mannequin)
Set up giving set and administer fluid IV (mannequin)
Intramuscular and subcutaneous injection and drawing up drugs (mannequin)
Orientation to the OT environment including use of Personal Protective Equipment
Operating Theatre Procedures (incl. sterile G&G) – may be deferred to Phase 3
Placement and removal of a plaster cast (backslab)
Performance and interpretation of a 12 lead ECG
Glucometer (BSL measurement)
Spirometry
Faecal Occult Blood test
Physical Examination Skills
Basic Life Support
Rectal examination
Vaginal exam & Pap smear
Height, weight and head circumference on a child
Paediatric otoscopy

PHASE 1 CLINICAL PROCEDURAL SKILLS

Measurement and interpretation of non-invasive blood pressure

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Introduction to oxygen devices and oxygen therapy

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Use of a peak flow meter

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Temperature

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Urinalysis

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

PHASE 1 PHYSICAL EXAMINATION SKILLS

Use of otoscope (ear examination) in adult

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Assessed as competent: _____ (Name)
_____ (Date) _____ (Signature)



PHASE 2 CLINICAL PROCEDURAL SKILLS

Review of hand hygiene & infection control skills, & creation of aseptic & sterile fields (simulated)

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Venous blood sampling using aseptic technique (mannequin)

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Insertion and removal of IV cannula (mannequin)

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Set up giving set and administer fluid IV (mannequin)

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Intramuscular & subcutaneous injection and drawing up drugs (mannequin)

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Orientation to the OT environment including use of Personal Protective Equipment

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Operating Theatre Procedures (incl. sterile G&G) – may be deferred to Phase 3

Teaching session attended _____ (Name)
_____ (Date) _____ (Signature)

Placement & removal of a plaster cast (backslab)

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Performance and interpretation of a 12 lead ECG

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

PHASE 2 PHYSICAL EXAMINATION SKILLS

Basic Life Support

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Assessed as competent: _____ (Name)
_____ (Date) _____ (Signature)

Rectal examination

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Vaginal exam and Pap smear

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Height, weight and head circumference measurements on a child

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Paediatric otoscopy

Teaching session attended: _____ (Name)
_____ (Date) _____ (Signature)

Completion of all required procedural and physical examination clinical skills

_____ (Student Name)

has addressed the required skills to proceed to the Phase 2 Integrated Clinical Examination.

Clinical Associate Dean (Name) (Signature) / /
Date

